

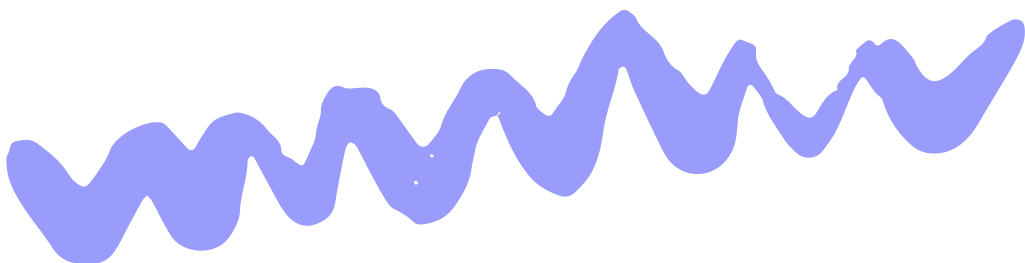


Self-Esteem Activity

**Please enjoy the book, "I Like
Myself" by Karen Beaumont.
Click HERE for the link.**

**The next page is an activity
page you can do with your child
to help foster positive self-
esteem.**

**Enjoy,
Mrs. Engler**





I Like Myself!!



Draw a picture of yourself.

A large, empty rectangular box with a thick black border, intended for a child to draw a picture of themselves.

**Draw a picture of
something you are good at.**

A vertical rectangular box with a thick black border, intended for a child to draw a picture of something they are good at.

**Draw a picture of something
you like.**

A vertical rectangular box with a thick black border, intended for a child to draw a picture of something they like.